

Girls on the Run San Francisco

Volunteer Application

| | | |
|--------------------------|---|---------------------------|
| Name: | _____ | |
| Home Address: | _____ | |
| City, State, Zip: | _____ | |
| Employer: | _____ | |
| Title: | _____ | |
| Work Address: | _____ | |
| City, State, Zip: | _____ | |
| Phone # (w): | _____ | Phone # (c): _____ |
| Email: | _____ | |
| T-shirt size: | _____ (for volunteer assignments when applicable) | |

1. I am interested in serving as a Girls on the Run:
 _____ Coach (2x per week for 10-weeks; one hour per session)
 _____ Substitute Coach (able to assist when full time coaches are not available, 10-week commitment)

2. I prefer to work with Girls on the Run: (please check all available times/days).

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------|--------|---------|-----------|----------|--------|
| 2pm | | | | | |
| 2:30 | | | | | |
| 3 | | | | | |
| 3:30 | | | | | |
| 4 | | | | | |
| 4:30 | | | | | |
| 5 | | | | | |
| 5:30 | | | | | |

3. I can commit to the following hours per week:

- _____ 1-2 hours per week
 _____ 2-3 hours per week
 _____ 4-5 hours per week
 _____ 6-10 hours per week
 _____ More than 10-hours per week

4. I prefer to coach in the following areas (please check all that apply):

SAN FRANCISCO

- _____ Alvarado - 625 Douglass St at 22nd St, SF (Noe Valley) - M/W 2:00-3:00pm
 _____ Cleveland - 455 Athens St at Brazil St, SF (Excelsior) - M/W 3:30-4:30pm

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- _____ Fairmount - 65 Chenery St at 30th St, SF (Noe Valley) - M/W 2:45-3:45pm
- _____ Hamlin - 2120 Broadway at Buchanan (Pacific Heights) - T/Th 3:15-4:30pm
- _____ Jefferson M/W - 1725 Irving St at 19th Ave, SF (Inner Sunset) - M/W 3-4:15pm
- _____ Jefferson T/Th - 1725 Irving St at 19th Ave, SF (Inner Sunset) - T/Th 3-4:15pm
- _____ KIPP - 1060 Key Ave at 3rd St, SF (Bayview) - M/W 5:15-6:15pm
- _____ Malcolm X - 350 Harbor Rd at Ingalls St, SF (Hunter's Point) - M/Th 4:30-5:30pm
- _____ Monroe - 260 Madrid St at Excelsior Ave, SF (Excelsior) - T/Th 4:15-5:30pm
- _____ SF Community - 125 Excelsior Ave at London St, SF (Excelsior) - M/W 3:30-4:45pm
- _____ Kezar Stadium (Weds)/Crissy Field Program (Sat) - W/Sat - Weds 5:30-6:30pm, Sat 9-10am

OAKLAND

- _____ Hawthorne - 1700 28th Ave at E 16th St, East Oakland - M/W - M 3:00-4:00pm W 2-3pm
- _____ RISE- 8521 A St at 85th Ave, East Oakland - M/W 4-5pm or T 4-5pm/Thurs 1:30-2:30pm
- _____ Westlake Middle - 2629 Harrison St, Oakland - T/Th 3:18-4:40pm

EAST PALO ALTO

- _____ East Palo Alto - 1286 Runnymede St at Pulgas Ave, East Palo Alto - T/Th 3:30-4:30

MENLO PARK

- _____ Encinal- 195 Encinal Ave, Menlo Park-T/Fri 2:45-3:45pm

SAN LORENZO

- _____ Hesperian - 620 Drew St, San Lorenzo, CA 94580 - T/Th 2:45-3:45pm

SAN CARLOS

- _____ Arundel- 200 Arundel, San Carlos- T/Th 2:40-3:40pm

5. How did you hear about *Girls on the Run*?

6. What attracted you to the program?

7. Have you had experience working with children in any capacity?

8. Name one of your strengths and one of your challenges, especially in reference to working with girls?

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9. Please list two individuals who can serve as references for you and your character. A reference check will be completed if you are interested in serving as a coach for Girls on the Run.

| Name | Contact Number | Relationship to You | Email |
|------|----------------|---------------------|-------|
| | | | |
| | | | |

10. Coaches' training is mandatory and will be held for new coaches interested in volunteering. Other volunteers are strongly encouraged to participate in the training and attend one on-site visit to get a better understanding of the program. Please check if you will be willing to attend a 4-hour training session and visit a program site. Thank you!!

_____ Yes, I will be willing to attend training.

_____ Yes, I will be able to visit a program site at a location convenient to me.

11. Coaches must agree to fingerprinting and undergo a TB test (if not done in the last 4 years).

_____ Yes, I will get fingerprinted on behalf of GOTR. (Information on Girls on the Run website)

_____ Yes, I will get a TB test and submit proof to GOTR. (If you have had a TB test in the last 4 years, we need a doctors note of a negative TB test reading). (Information on Girls on the Run website)

12. Please briefly list your education background.

13. Does your company support time off to volunteer? If yes, what Company?

14. Does your company have a Community Relations department? If yes, contact name and information?

15. Does your company have a company match program?

16. Any additional comments?

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As a Girls on the Run policy, coaches must be drug-free and tobacco-free and must not consume excessive amounts of alcohol. In addition, if a Girls on the Run coach has suffered from an eating disorder that coach must have completed treatment at least one year prior to the date signed below. By signing below, you solemnly swear that you are abiding by all of the above policies.

Signature

Date

.....

Arrest Affidavit

I, _____ [print name], solemnly swear that I have never been arrested for charges of child abuse, assault, child neglect, or sexual misconduct. I, _____ allow Girls on the Run to perform an online background screen through Volunteer Select.

Signature: _____

Date of Birth: ____/____/____

Please call (415) 863-8942 or email sroberts@gotrsf.org with any questions.
Please complete and mail to:
Girls on the Run San Francisco, ATTN: Susan Roberts,
360 Langton, Suite 207, San Francisco, CA 94103
www.gotrsf.org